

## MOOD DISORDER CLINICIAN RESOURCES

### SCREENING TOOLS

#### Major Depressive Disorders

- [Patient Health Questionnaire \(PHQ-9\) Modified version for adolescents](#) – SAMHSA.gov
- [Patient Health Questionnaire \(PHQ-9\) Instructions](#) – MacArthur Initiative on Depression
- [Center for Epidemiological Studies Depression Scale for Children \(CES-DC\)](#) – brightfutures.org

#### Beck Depression Inventory 2<sup>nd</sup> Edition (BDI-II) & Beck Youth Inventory 2<sup>nd</sup> Edition (BYI-II)

- [Beck Youth Inventories™ - Second Edition](#) – Purchase from Pearson
- [BDI® – FastScreen for Medical Patients](#) – Purchase from Pearson

#### Bipolar Disorder

- [Child Mania Rating Scale](#) – Recommended by AACAP
- [The Mood Disorder Questionnaire](#) – SAMHSA.gov
- [CIDI Bipolar Disorder Screening Scale](#) – CQAIMH.org

#### Suicide Risk

- [SAD PERSONS](#) – Adapted by AAP
- [Suicide Behaviors Questionnaire-Revised \(SBQ-R\)](#) – CQAIMH.org
- [Suicidal Ideation and Risk Level Assessment](#) – CQAIMH.org

## MEDICATION & MANAGEMENT

#### Specific to Primary Care

- [Guidelines for Adolescent Depression in Primary Care \(GLAD-PC\): I. Identification, Assessment, and Initial Management](#) – AAP
- [Guidelines for Adolescent Depression in Primary Care \(GLAD-PC\): II. Identification, Assessment, and Initial Management](#) – AAP
- [Pediatric Depression in Primary Care: Assessment and Management](#) – Pediatric Psychiatry Network (PPN)

#### Major Depressive Disorders

- [Depressive Disorder Medication Table](#) – AACAP
- [Depression Management Tool Kit](#) – The John D. & Catherine T. MacArthur Foundation’s Initiative on Depression & Primary Care and 3CM, LLC
- [Depression Management Toolkit](#) – MacArthur Initiative on Depression
- [Evidence-Based Best Practices for the Management of Major Depressive Disorder in Pediatric Primary Care](#) – South Carolina Offering Prescribing Excellence
- [Major Depressive Disorder Algorithms](#) – Texas Department of State Health Services
- [Practice Parameter for the Assessment and Treatment of Children and Adolescents with Depressive Disorder](#) – AACAP

## Bipolar Disorder

- [Bipolar Disorder Algorithms](#) – Texas Department of State Health Services
- [Best Practices Report Bipolar Disorders](#) – South Carolina Offering Prescribing Excellence
- [Expert Guidelines for Bipolar Treatment](#) – American Psychiatric Association
- [Practice Parameter for the Assessment and Treatment of Children and Adolescents with Bipolar Disorder](#) – AACAP

## Suicide Prevention

- [Practice Parameter for the Assessment and Treatment of Children and Adolescents with Suicidal Behavior](#) – AACAP
- [Suicide and Suicide Attempts in Adolescents](#) – AAP
- [Suicide Prevention Toolkit for Rural Primary Care](#) – Suicide Prevention Resource Center (SPRC)
- [Suicide Prevention Not Another Life to Lose](#) – National Council for Community Behavioral Health.
- [Suicide Risk Assessment Pocket Card](#) – National
- [Suicide Prevention Dialogue with Consumers and Survivors](#) – Substance Abuse & Mental Health Services Administration (SAMHSA)

## Substance-Induced Mood Disorders

- [Practice Parameter for the Assessment and Treatment of Children and Adolescents With Substance Use Disorders](#) – AACAP
- [Substance Abuse Treatment For Persons With Co-Occurring Disorders A Treatment Improvement Protocol](#) – U.S. Department of Health and Human Services

- [Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery](#) – SAMHSA

## EVIDENCE-BASED PSYCHOSOCIAL THERAPIES

- [How Does Psychotherapy Help People Recover from Depression?](#) – American Psychological Association
- [Psychological Science and Bipolar Disorder in Children and Adolescents](#) – American Psychological Association
- [Psychosocial Treatment of Bipolar Disorders in Adolescents](#) – Danielson et al.
- [Psychotherapies for Children and Adolescents](#) – AACAP

## CODING

- [Depression & Bipolar Disorder Coding Reference](#) - CQAIMH
- [Depression Coding Fact Sheet for Primary Care Clinicians](#) – AAP
- [Coding Facts Sheets](#) – AAP
- [Selected General Medicine and Behavioral Current Procedural Terminology \(CPT\) Codes](#) – Bright Futures
- [Documentation for Reimbursement](#) - Bright Futures

## WEBSITES

- [MacArthur Initiative on Depression](#)
- [American Academy of Child & Adolescent Psychiatry \(AACAP\)](#)
  - [Bipolar Disorder Resource Center](#)
  - [Depression Resource Center](#)
- [Bright Futures](#)
- [Center for Quality Assessment and Improvement in Mental Health \(CQAIMH\)](#)
- [National Alliance on Mental Illness](#)
- [National Institute of Mental Health](#)
- [Suicide Prevention Resource Center \(SPRC\)](#)