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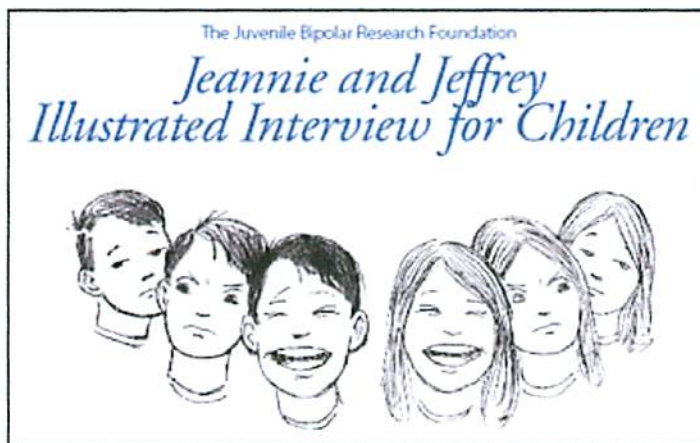
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Instructions for Parents:

We designed this interview especially for your child, because sometimes a child's internal thoughts and feelings can surprise even the closest observer. Please feel free to look through the interview – it contains questions paired with illustrations. The questions describe another child, Jeannie or Jeffrey, who is similar to your child in age and sex. Click on the Jeannie Interview if your child is a girl and on the Jeffrey Interview if your child is a boy. The illustrations show Jeannie or Jeffrey having different thoughts, feelings and behaviors. Your child might become particularly absorbed by the illustrations, because he or she might closely identify with Jeffrey or Jeannie. The questions ask your child how often he or she has thought, felt or behaved like Jeffrey or Jeannie. This design encourages your child to respond to questions without feeling self-conscious or judged. We ask you, therefore, to allow your children to answer the questions on their own, as much as you can. We understand that your children may need your assistance to use this interview. We ask that you provide the help that is needed without influencing their responses. The answers to The Jeannie/Jeffrey Interview should reflect your child's point of view, even if it is surprisingly different from your own! Let's go step by step through how you might assist a child who can read and one who can't.

If your child can read - Go over the "Instructions for Kids," below, with your child. Then look at the sample question together and let your child try clicking on an answer. Your child may understand the instructions well enough to complete the sample question easily, but if your child needs help, go over the instructions again. Try to stick as much as possible to the written instructions, but if you have to use your own words to explain how to click on the responses, please emphasize that there are no wrong answers to these questions. Please do not "remind" your child about behavior you have observed.

If your child does not know how to read or has difficulty reading - You will be much more involved in this case, and it will probably be harder not to have an influence. Just do the best you can. Read the "Instructions for Kids," below, to your child. Then read the caption under the sample picture slowly and neutrally - without emphasis on any particular words. Give your child a few moments to look at the picture and think. Then read the possible answers slowly and neutrally. Ask your child to pick an answer and then click on the answer. Do not respond verbally or non-verbally to your child's choice – even a positive response may have an influence on the rest of your child's answers. Your child may ask you how to answer a question. You may reply, "It's your decision. Only kids can answer the questions, and there are no wrong answers." You may repeat the captions and the answers as often as your child wishes, but keep a neutral tone in your voice. Please do not "remind" your child about behavior you have observed.

If you have any questions about how to help your child use the interview or any feedback about The Jeannie/Jeffrey Interview, please write to our Senior Research Associate, Melissa Cockerham, at Melissa@jbrf.org.



The Jeannie Interview

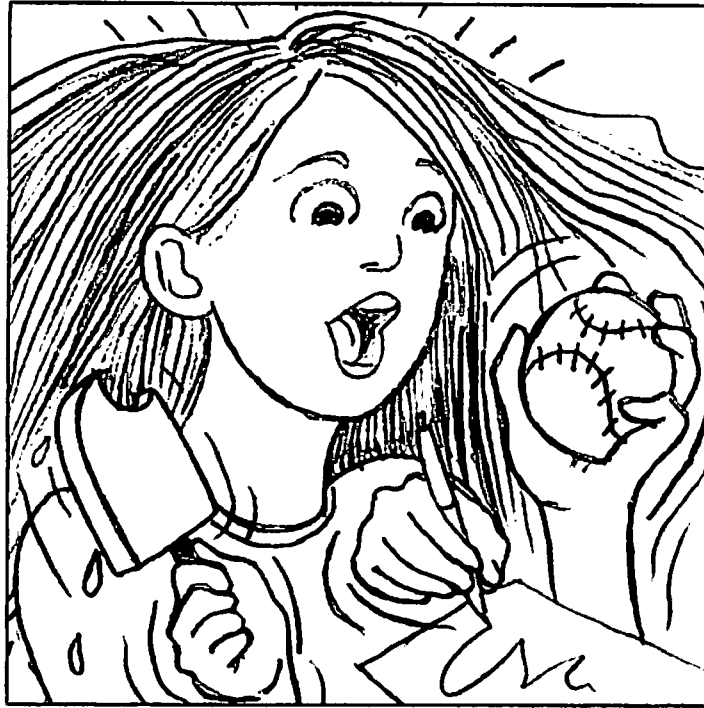
Each question has 4 possible answers. Be sure you can see all 4 possible answers before answering each question

1. Today Jeannie is really cranky and angry at other people, even people she likes. How often do you feel like this?



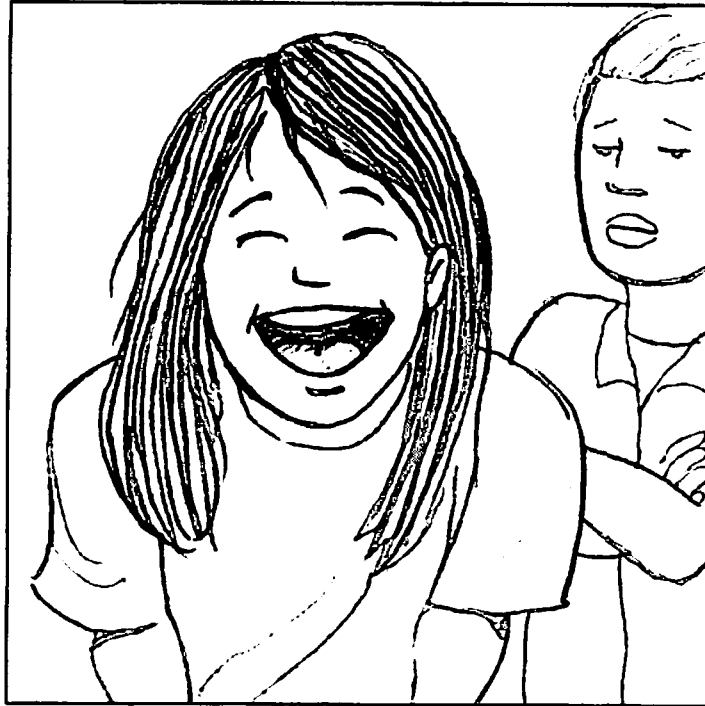
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

2. Jeannie has bursts of energy when she feels she can do a lot of things all at once without stopping. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

3. Jeanne is feeling kind of silly and giddy, and all she can think of is doing funny things that make her laugh. Sometimes when Jeanne feels silly like this, she can't stop laughing even if others tell her to stop. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

4. Jeannie thinks that she is smarter and stronger than her friends or feels she is a very special and important person. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

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The Jeannie Interview

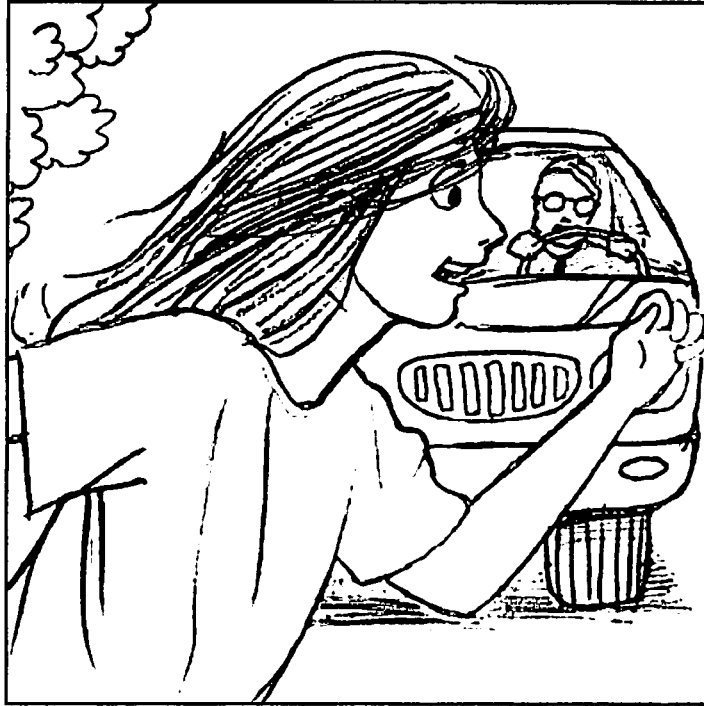
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5. Jeannie gets so excited and has so many thoughts in her mind that she talks very fast and feels like she can't stop. How often do you talk really fast and can't stop?



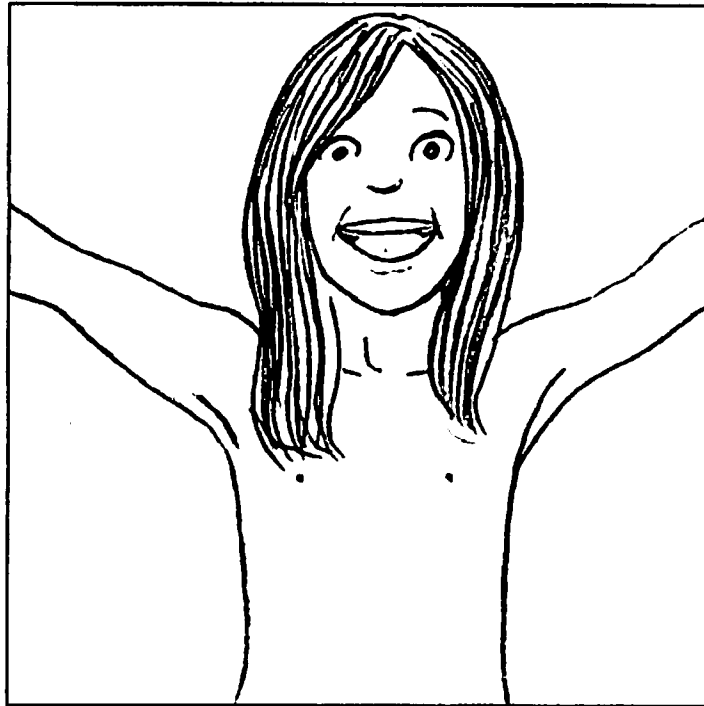
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

6. Jeannie does things other people think are scary, like climbing too high, jumping off high places, or running into the street without looking? How often do you do things like that?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

7. Jeannie likes to take off her clothes and show her body off to others. How often do you feel like doing this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

8. Jeannie is in the classroom, and is trying to hear what the teacher is saying, but she keeps thinking about other things or having daydreams and when she tunes back in she has missed part of the lesson. How often does this happen to you?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

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The Jeannie Interview

Each question has 4 possible answers. Be sure you can see all 4 possible answers before answering each question

9. Jeannie has many thoughts that come into her head all at once, and sometimes they come so fast it feels like a bunch of bees buzzing in her mind. How often do you feel like this?



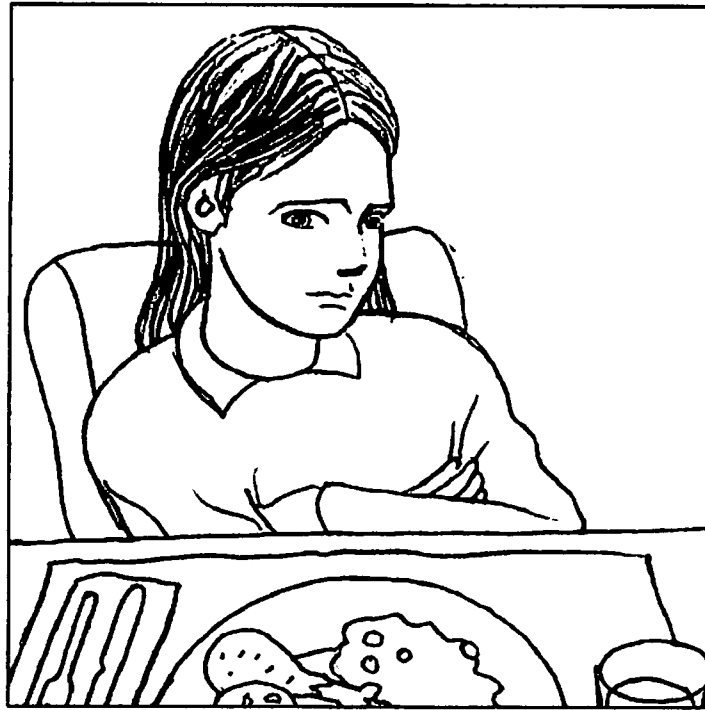
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

10. Jeannie is tired, and doesn't feel like doing much today, even with her friends. She just want to be left alone. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

11. Jeannie didn't feel like eating at all today. She wasn't feeling hungry in the morning, in the afternoon, or at night. How often have you felt like not eating for a whole day?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

12. Today Jeannie feels really bored and for some reason doesn't have much interest in things she usually likes to do. Nothing seems like it would be fun. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

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The Jeannie Interview

Each question has 4 possible answers. Be sure you can see all 4 possible answers before answering each question

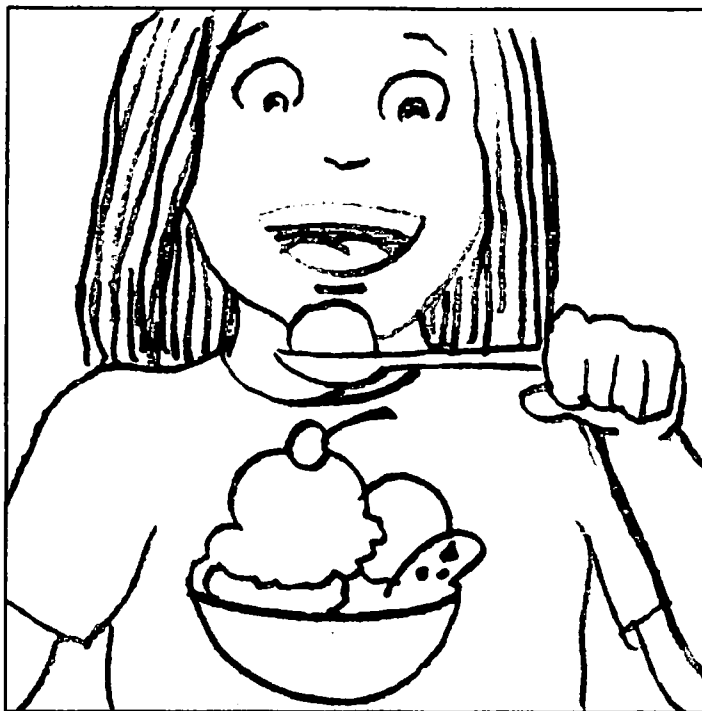
13. Jeannie gets so bored that she just has to find something to do, even if it means bothering her mother or teasing her brother or sister. She butts into what they're doing so that she won't be so bored. How often do you try to get things going like this when you're bored?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

14. Sometimes Jeannie can get really, really hungry for foods like sweets, breads, pasta, cookies, cakes, cheese, ice-cream, candies or potato chips, and then can't stop herself from

eating. How often do you feel like eating a lot of foods like these?



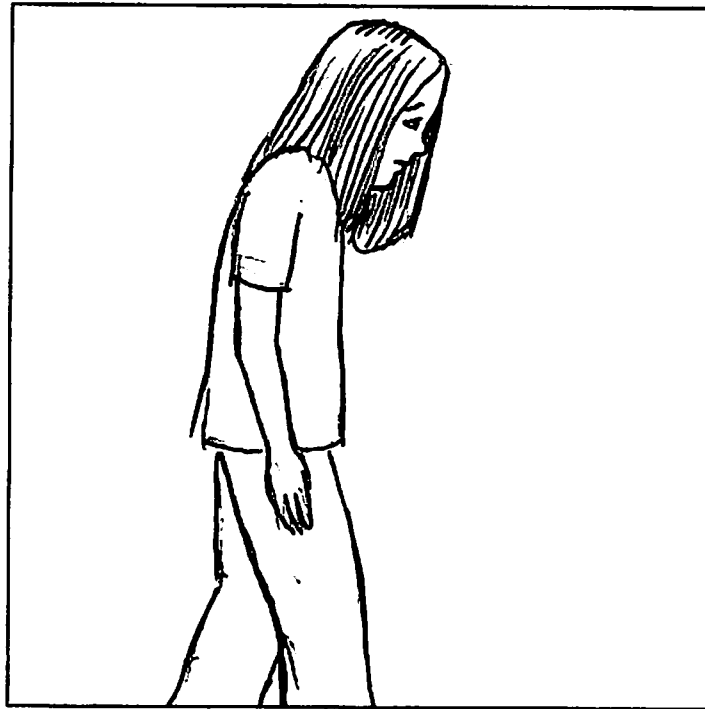
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

15. When Jeannie feels bad about herself, she feels that her parents don't love her. How often do you feel like nobody loves you?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

16. When Jeannie feels sad or bored, it feels like it's hard to move or do very much. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

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The Jeannie Interview

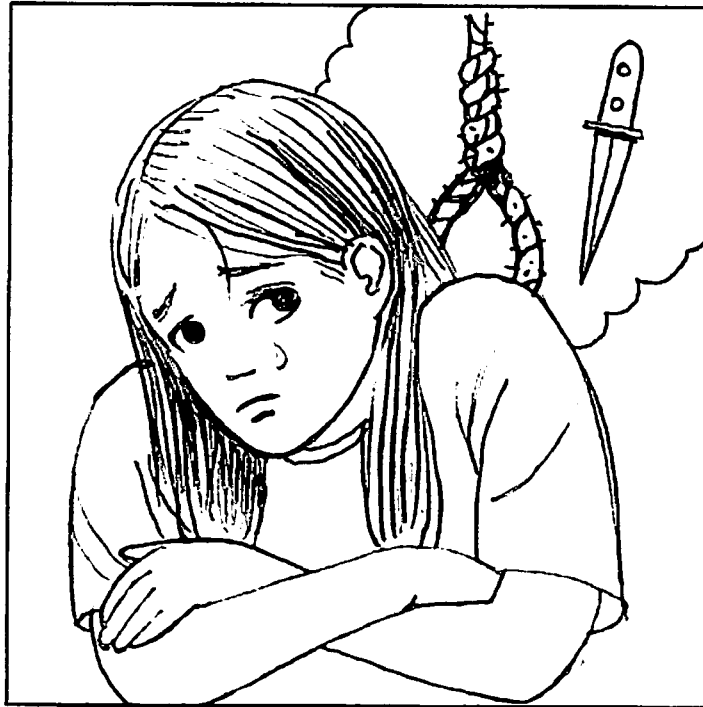
Each question has 4 possible answers. Be sure you can see all 4 possible answers before answering each question

17. When Jeannie feels sad or bored, her thoughts slow down and she can't think too well. How often do you feel like this?



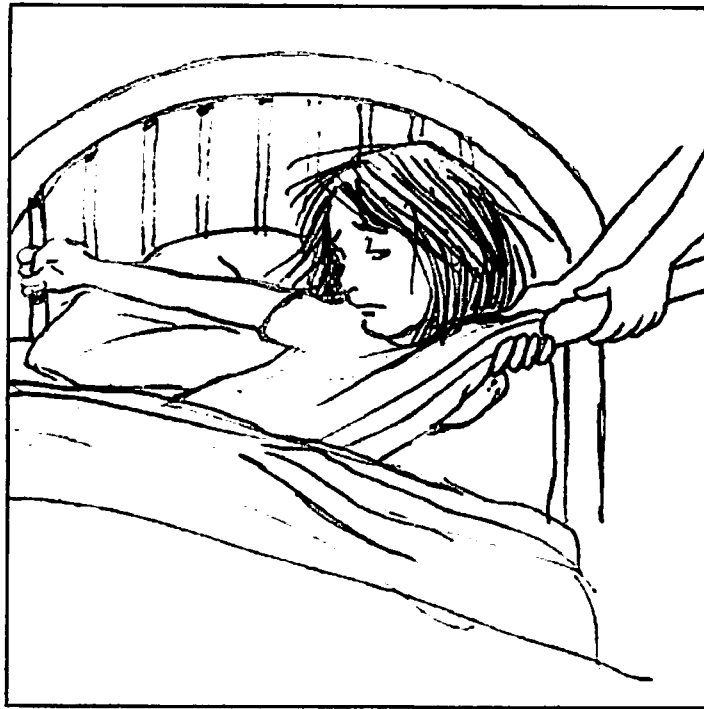
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

18. When Jeannie feels sad, she thinks about dying. She thinks about hurting or killing herself. How often do you think about things like that?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

19. When Jeannie tries to wake up in the morning, she can feel so tired that her body just doesn't want to get moving, and when her mother tries to get her up, she just doesn't want to move. How often do you feel like this in the morning?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

20. After school, the way Jeannie feels changes from being bored to cranky to really silly. When this happens, Jeannie feels like she has a motor inside that's revving up really fast. How often do you feel like this in the afternoon or at night?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

Next



The Jeannie Interview

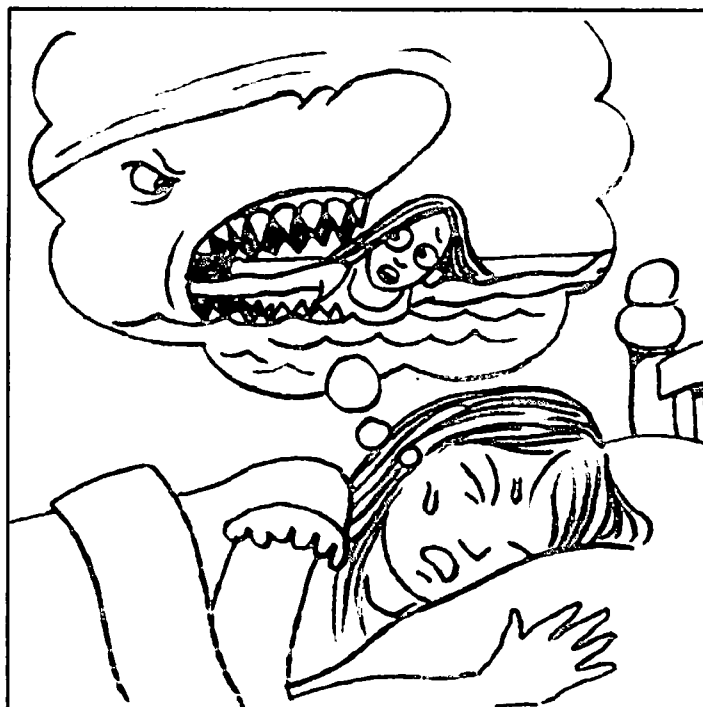
Each question has 4 possible answers. Be sure you can see all 4 possible answers before answering each question

21. Jeannie gets really scared at night when she is alone in her room. She thinks of bad things that could happen, like that someone could come in and get her or hurt her family, or that there is a monster under her bed or in the closet. How often do you think about things like that?



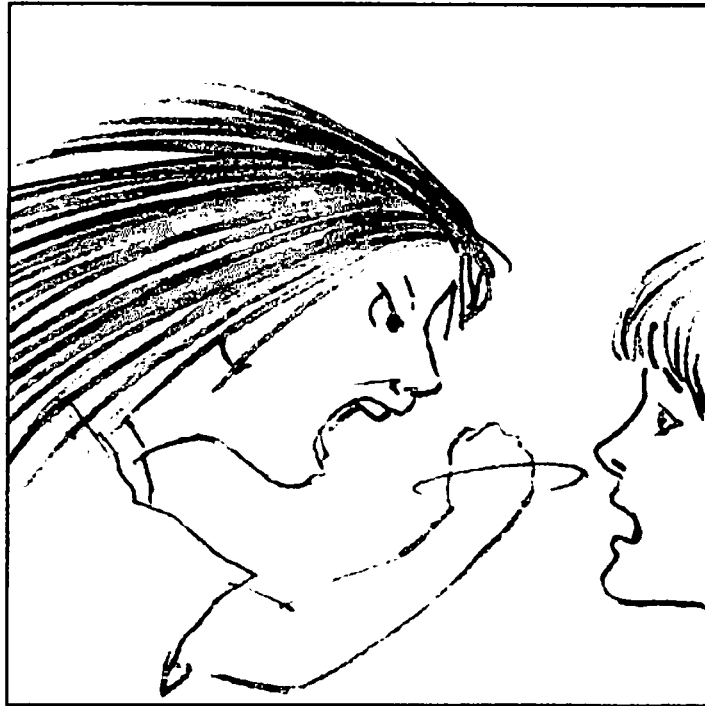
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

22. Jeannie has a really scary dream, and she feels like she's living in the dream. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

23. Jeannie gets so angry that she can't stop herself, and she worries that she might hurt someone. How often do you worry about this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

24. Jeannie feels like other people are going to hurt her. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

Next



The Jeannie Interview

Each question has 4 possible answers. Be sure you can see all 4 possible answers before answering each question

25. Jeannie gets really scared when she is apart from her mother and wants to stay really close to her. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

26. When Jeannie walks into class, she feels like everyone is looking at her and she gets nervous. How often do you feel like this?



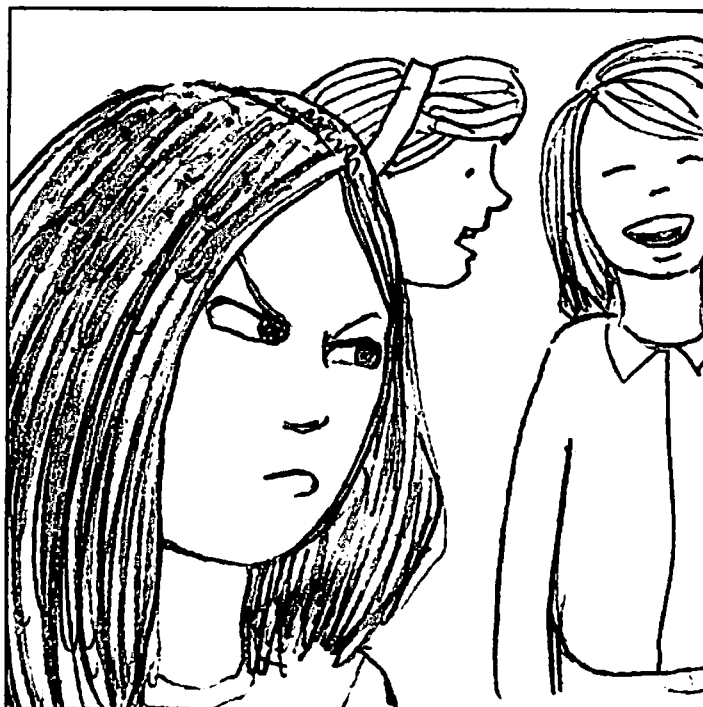
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

27. Jeannie feels like kids are saying mean things about her or making fun of her behind her back. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

28. Jeannie thinks that other kids are ganging up on her to make things hard for her. How often to you think things like that?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

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The Jeannie Interview

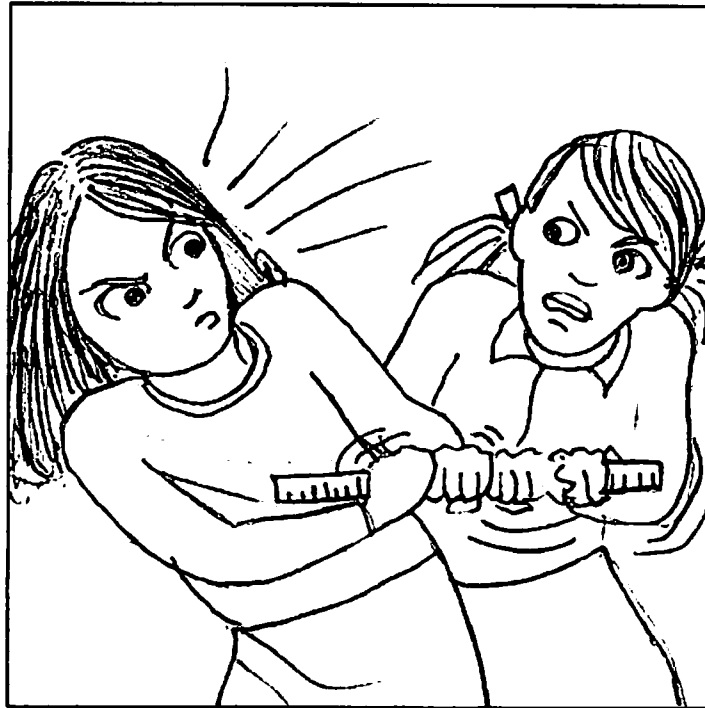
Each question has 4 possible answers. Be sure you can see all 4 possible answers before answering each question

29. When Jeannie's mother tells her that she can't go somewhere that she wants to go, she gets really angry and upset. How often do you feel like this?



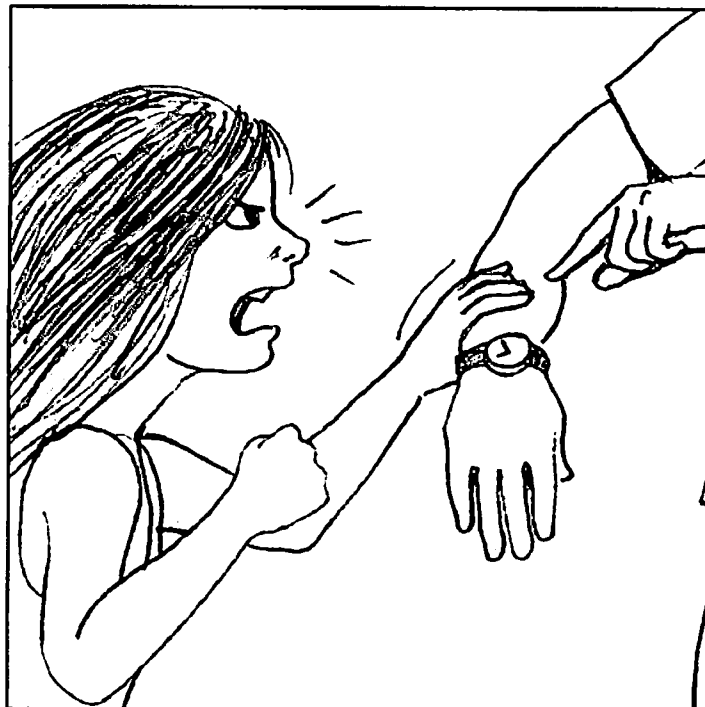
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

30. There are times when Jeannie wants something really badly, so much that she feels like she has to have it, no matter what she has to say or do to get it. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

31. When things don't go right, and Jeannie's parents say no to something, or when they make her wait, Jeannie gets really angry really fast and yells or curses. How often do you get angry and yell like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

32. After Jeannie gets angry and blows off steam at someone, she feels really bad inside. How often do you feel like this?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

Next



The Jeannie Interview

Each question has 4 possible answers. Be sure you can see all 4 possible answers before answering each question

33. There are times when Jeannie feels her body get really, really hot, and she gets so hot, she feels like taking off her clothes. Sometimes this happens at night and she wakes up sweating. How often do you feel like this?



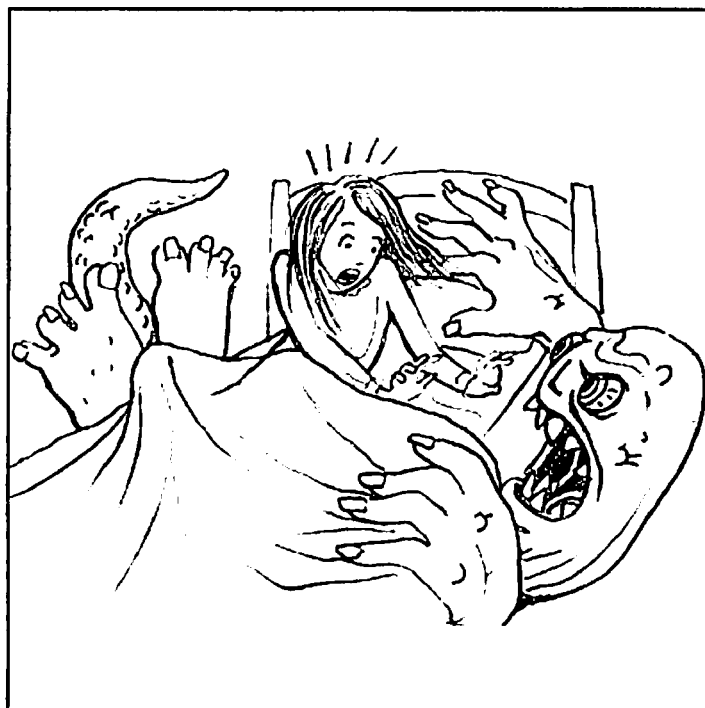
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

34. Jeannie hears a voice talking to her inside her mind. The voice sounds just like someone is speaking, but there's no one around. How often does this happen to you?



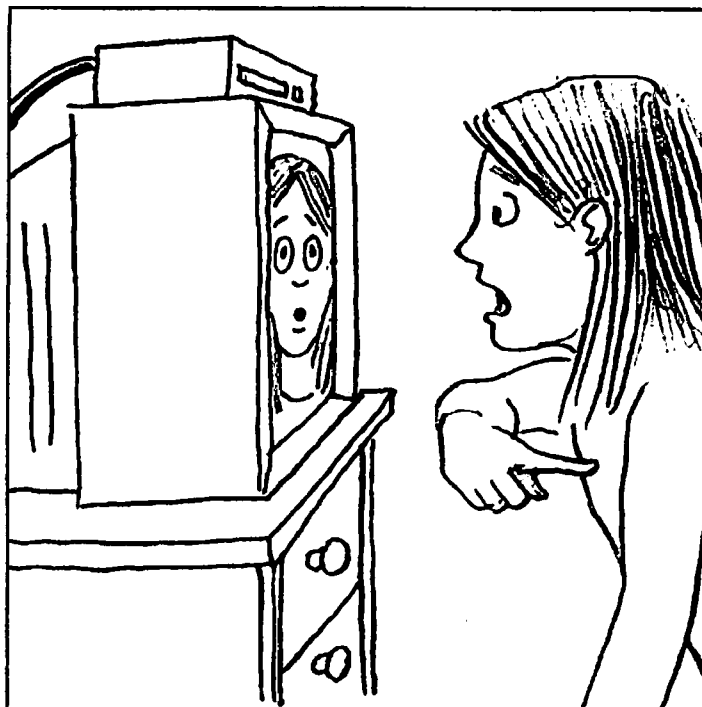
- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

35. At night, when she's lying in bed, Jeannie sees things that scare her, like bugs or ghosts or monsters. How often do you see scary things like that?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

36. Jeannie hears people talking about her on TV or on the radio. How often does this happen to you?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

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The Jeannie Interview

Each question has 4 possible answers. Be sure you can see all 4 possible answers before answering each question

37. Jeannie gets upset or angry and maybe a little scared when somebody asks her to stop what she's doing and start something new. How often do you feel that way?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

38. It's very difficult for Jeannie to get started on things, as if she's stuck and can't get going. How often do you feel like that when you have to get moving?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

39. Jeannie hates loud noises. They make her feel scared and angry. How often do you feel like that?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

40. If Jeannie's clothes or shoes don't fit just right or if they feel funny, she can't get comfortable. How often do you feel like that?



- Never or hardly ever
- Sometimes
- Often
- Very often or almost constantly

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