



international bipolar foundation

A world of hope, resources and support

Founded in 2007 by four parents with children affected with bipolar disorder, International Bipolar Foundation is a not for profit organization whose mission is to improve understanding and treatment of bipolar disorder through research; to promote care and support resources for individuals and caregivers; and to erase stigma through education.

www.ibpf.org

We are proud to offer these programs and services free of charge to our global community:

Research

- **Research Partner Program:** Research Partner Program offers donors the opportunity to personally select and sponsor scientists based on specific research aims, their affiliated institutions, or a combination thereof.

Care & Support

- **Outreach & Referral:** If you need a referral or feedback on a provider, we will send you the comments from our supporters.
- **Ambassador Program:** Ambassadors surpass barriers of stigma, help others with bipolar disorder (or other mental illnesses), and further the mission of educating the public and erasing stigma.
- **International Bloggers**
- **Awards:** HOPE Award is given to an individual or organization whose public efforts improve care, support and access to mental health treatment and/or champions to erase the stigma of mental illness and instills hope in families, communities and the nation. IMAGINE Award is given to a person who has bipolar disorder who sees beyond the illness and can imagine a future free of barriers, stigma, and discrimination. The recipient empowers others by sharing their story instilling hope and inspiration.

Education

- *Healthy Living with Bipolar Disorder* book
- Girl Scouts of the United States Mental Health Patch
- *My Support* e-newsletter
- High School Essay Contest
- Speakers' Bureau
- Weekly Webinars and Quarterly Lectures
- Say it Forward anti-stigma Campaign (One week in October)
- Social Media: Facebook and Twitter
- Health Media: Sharecare and WebMD
- Educational videos and brochures
- Conferences